

Basic Information

Approval Year	: 2018	Region	: CID
Team Leader	: Bernal Stuart, Ana	Country	: Mexico
Taxonomy	: Client Support	Department	: SCL
Fund	: ORC-SOC,SOC	Sector	: SA - Health System Strengthening
Approval Number	: ATN/OC-17099-ME	Sub Sector	: HSS
Execution Agency	: US-IDB		
Execution Status	: Closed		
Operation Objective	: To support the evaluation of Salud en Tu Escuela to inform the decision-making process of expanding this health promotion strategy in public school.		

Financial Information

ME-T1362

ATN/OC-17099-ME:ORC	Original	Current	% of Current Amount Financed
Amount Financed	\$300,000.00	\$269,651.45	
Disbursed Amount	N/A	\$269,651.45	100.00 %
Commitments not yet disbursed Amount	N/A	-	0.00 %
Available Amount	N/A	-	0.00 %
Final Disbursement Date	Nov 27, 2022		

Status Update

As a result of the modification of the original TC components, the technical workgroup formed by the IDB, the Ministry of Health/SEDESA and the Youth Institute (INJUVE) identified and planned the development of several activities to comply with each of the two components. Many of these activities were implemented simultaneously and were specifically planned to be conducted within the TC timeframe. These activities are described below: Component I: Strengthening of the institutional capacity of the Ministry of Health for the implementation of a health promotion strategy. Three activities were developed: 1) Design of an institutional strategy and a road map to guide health promotion activities aimed at adolescents and youth; 2) Workshop for health personnel on health promotion with a focus on adolescents and youth, and 3) Development of printed materials for health promotion directed to adolescents and young people. Component II: Support for the reduction of risk factors and prevention of chronic-degenerative diseases in adolescents and young people. Four activities were developed: 1) 20-hour self-management virtual course for adolescents and youth on health promotion; 2) In person training workshop for youth health promoters; 3) Brief intervention for addiction prevention, and 4) Digital health intervention for the prevention of diabetes in a low-income community. All seven activities were planned, implemented, and concluded within the timeframe of the TC. Their implementation directly impacted more than 20,000 adolescents and young people, as well as nearly 120 staff members of the Ministry of Health and the Youth Institute. In order to capture the effect of these modifications, a new Outcome indicator was created: Implementation of health promotion activities directed to both SEDESA's personnel and adolescents and young adults in Mexico City.

Advance in the Achievement of Outcome and Outputs

Advance in the Achievement of Outcome

1 . Strengthening of the SSA institutional capacity for the implementation and evaluation of the strategy

In the last year of the TC, substantial progress was achieved. The synergies formed with the Ministry of Health and the Youth Institute (INJUVE) allowed the development of various activities that, through their implementation, contributed directly to the promotion of healthy lifestyles among youth and adolescents. Among the achievements obtained are: 1) the design of a document containing an institutional strategy on health promotion focused on adolescents and young people, 2) training of a targeted group of health professionals (doctors, nurses, social workers, psychologists) on health promotion for youth, 3) the development of new health promotion material on relevant topics for youth, 4) the development of a virtual health promotion course aimed at adolescents, a face-to-face training workshop for youth promoters, 5) the implementation of a brief intervention on addiction prevention for at-risk youth, and 6) the implementation of a pilot study on the use of digital tools for diabetes control in a population with a high rate of marginalization. It is worth noting that all the planned activities were successfully completed within the TC timeframe.

Advances in Execution

1. Strengthening of the SSA institutional capacity for the implementation and evaluation of the strategy

Component Cost: \$119,243

Output Indicator	Indicator Detail	Unit Of Measure	Baseline	Baseline Year	Means Of Verification	Theme	Year	P	P(A)	A
1.1 ^s Tools designed/strengthened	Message sending campaign designed (SOC)	Tools (#)	0	2018	Report with the description of the content, sequency and frequency of the messages	Social Development	Physical			
							2018	0	0	0
							2019	0	0	0
							2020	0	0	0
							2021	1	1	1
							2022		0	0
							EOP 2022	1	1	1
							Financial			
							2018	0	0	0
							2019	10000	10000	0
							2020	0	10000	1073.97
							2021	0	8926.03	4500
							2022		0	0
							EOP 2022	10000	5573.97	5573.97

Advances In Execution: In 2021, through a consultancy carried out with TC funds, a diagnosis was made on the nutrition and physical habits of children and adolescents in Mexico City. This information was used as a starting point to strengthen the activities that will support the promotion of healthy habits among adolescents.

Output Indicator	Indicator Detail	Unit Of Measure	Baseline	Baseline Year	Means Of Verification	Theme	Year	P	P(A)	A
1.3 ^s New databases created	Database of the survey to measure the behavioural changes (SOC)	Databases (#)	0	2018	Database ready for analysis	Social Development	Physical			
							2018	0	0	0
							2019	0	0	0
							2020	0	0	0
							2021	1	1	0
							2022		1	1
							EOP 2022	1	1	1
							Financial			
							2018	0	0	0
							2019	50000	50000	3669.15
							2020	50000	96330.85	0
							2021	64500	116330.85	0
							2022		80000	42049.32
							EOP 2022	164500	83669.15	45718.47
Advances In Execution: During 2022, a consultancy financed by the TC developed a virtual health course for adolescents. The course included nutrition, sexual and reproductive health, oral health, physical activity, among others. Once adolescents concluded the course, they could take a certification course to become youth/community health promoters. Through the deployment of this course, a database of participants was created.										

Output Indicator	Indicator Detail	Unit Of Measure	Baseline	Baseline Year	Means Of Verification	Theme	Year	P	P(A)	A
1.4 ^s Training products developed	Health promotion materials updated (IMPULSO) (SOC)	Products (#)	0	2021	Report	Health	Physical			
							2018			
							2019			
							2020			
							2021			0
							2022		1	1
							EOP 2022		1	1
							Financial			
							2018			
							2019			
							2020			
							2021			0
							2022		5000	7000.22
							EOP 2022		5000	7000.22

Advances In Execution: In order to increase capacities among personnel from the Ministry of Health, a course on adolescent health was delivered to 60 workers (physicians, nurses, community workers). This course included a rights-based approach to treating adolescents from a clinical and community setting, health promotion activities, key health issues and indicators for this health group, among others.

2. Supporting activities for the reduction of risk factors and prevention of chronic-degenerative diseases in adolescents and youth

Component Cost: \$76,872

Output Indicator	Indicator Detail	Unit Of Measure	Baseline	Baseline Year	Means Of Verification	Theme	Year	P	P(A)	A
2.1 * Tools designed/strengthened	Report describing the elements of the health mobile technology for Diabetes (SOC)	Tools (#)	0	2021	report of tool designed prevention and diagnosis of diabetes	Social Development	Physical			
							2018			
							2019			
							2020			
							2021			0
							2022		1	2
							EOP 2022		1	2
							Financial			
							2018			
							2019			
							2020			
							2021			0
							2022		23436	19492.54
							EOP 2022		23436	19492.54

Advances In Execution: During 2022, two tools were created within this TC. Firstly, a strategy document to guide the development of health promotion activities and programs directed to adolescents was developed. This tool will serve as a guide for personnel to target the most efficient strategies towards this age group. Secondly, health communication materials directed towards youth were revised and updated. Also, new designs and messages addressing issues adolescent face were developed, focusing on sexual rights, LGBT rights, oral health, nutrition, physical activity, among others.

Output Indicator	Indicator Detail	Unit Of Measure	Baseline	Baseline Year	Means Of Verification	Theme	Year	P	P(A)	A
2.2 ^s New databases created	Baseline and final screening database (SOC)	Databases (#)	0	2021	Final screening database	Social Development	Physical			
							2018			
							2019			
							2020			
							2021			0
							2022		1	1
							EOP 2022		1	1
							Financial			
							2018			
							2019			
							2020			
							2021			0
							2022		23436	9686.92
							EOP 2022		23436	9686.92

Output Indicator	Indicator Detail	Unit Of Measure	Baseline	Baseline Year	Means Of Verification	Theme	Year	P	P(A)	A
2.3 ^s Training products developed	Health promotion for youth curriculum developed (SOC)	Products (#)	0	2021	Workshop curriculum	Social Development	Physical			
							2018			
							2019			
							2020			
							2021			0
							2022		1	1
							EOP 2022		1	1
							Financial			
							2018			
							2019			
							2020			
							2021			0
							2022		25000	18374.34
							EOP 2022		25000	18374.34

Advances In Execution: A brief intervention to address youth who have begun consuming drugs and are at risk of developing addiction was developed for beneficiaries of the Youth Institute (INJUVE). Personnel of INJUVE were trained and given products to be able to replicate the intervention with more participants moving forward.

Output Indicator	Indicator Detail	Unit Of Measure	Baseline	Baseline Year	Means Of Verification	Theme	Year	P	P(A)	A
2.4 ^s Training workshops delivered	Report of number of health promotion trainings delivered (SOC)	Workshops (#)	0	2021	Agenda of the workshops delivered	Social Development	Physical			
							2018			
							2019			
							2020			
							2021			0
							2022		1	2
							EOP 2022		1	2
							Financial			
							2018			
							2019			
							2020			
							2021			0
							2022		5000	64527.83
							EOP 2022		5000	64527.83

Advances In Execution: During 2022, a consultancy financed by the TC developed a virtual health course for adolescents. The course included nutrition, sexual and reproductive health, oral health, physical activity, among others. Personnel of the Ministry of Health was trained through a workshop in order to use this course moving forward. Once adolescents concluded the course, they could take a training workshop to become certified as youth/community health promoters.

3. Others
Component Cost: \$103,885

Output Indicator	Indicator Detail	Unit Of Measure	Baseline	Baseline Year	Means Of Verification	Theme	Year	P	P(A)	A
3.1 * Supervision reports completed	Semestral reports of the proyect monitoring (SOC)	Reports (#)	0	2018	Semestral reports	Social Development	Physical			
							2018	0	0	0
							2019	1	1	1
							2020	2	2	1
							2021	1	2	2
							2022		1	1
							EOP 2022	4	5	5
							Financial			
							2018	0	0	0
							2019	40000	40000	50025.91
							2020	30000	19974.09	6690.25
							2021	30000	43283.84	6441
							2022		40727.72	36120
							EOP 2022	100000	103884.88	99277.16
Advances In Execution: A supervision report that includes supervision activities was developed by Rocio Aguilera during 2022.										