

Definition of Covered Vision Services



National Plan

» Frequency of your Benefits

- » All your Vision Plan benefits will be offered on a calendar year basis. This means that each calendar year, you will be covered for a new eye exam. It works the same way for frames, prescribed lenses, and prescribed contact lenses.
- » Once you receive your annual Vision Plan benefits, you will need to wait until the next calendar year before the plan will pay benefits for the same services again.

» Receiving your benefits

- » The plan will pay benefits toward your total vision care cost after your visit to your eye doctor or optometrist. You submit your detailed vision bills and any other pertinent receipts to Cigna Global for reimbursement.



Some Vision care conditions are covered as medical services. The most common types are cataracts, glaucoma and conjunctivitis (pink eye). Injuries to the eye are also covered under medical services. For more information, please contact Cigna Global.



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To learn more about your Health Benefits for the National Plan visit the IDB Group Medical Benefits Web App following this link.