Definition of Covered Vision Services

International Plan

Frequency of your Benefits

- All of your Vision Plan benefits will be offered on a calendar year basis. So, every calendar year, you will be covered for a new eye exam, provided it is prescribed by your doctor or vision provider. It works the same way for frames, lenses, and contact lenses, provided they are prescribed by your vision provider.
- Once you receive your annual Vision Plan benefits, you will need to wait until the next calendar year before the plan will pay benefits for the same services again.
- In the U.S., Cigna Healthcare also has a network of eyewear providers who offer exams, eyewear and contacts at discount rates. Additional information and a provider directory can be found on the Cigna Healthcare website.

Some Vision care conditions are covered as medical services. The most common types are cataracts, glaucoma, conjunctivitis (pink eye). Injuries to the eye are also covered under medical services. For more information, please contact Cigna Healthcare or Cigna Global.

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To learn more about your Health Benefits for the International Plan visit the IDB Group Medical Benefits Web App following this link.